

School HARVEST Appeal 2026

**HELP SUPPORT YOUR LOCAL COMMUNITY
WITH A FOOD HARVEST COLLECTION**

PLEASE HELP

Our school appeal this year is called

SHARING Together

Nothing makes a community stronger
when we look out for one another.

Please help by donating any of the
food items listed.



Please help if
you can.
THANK YOU!

HARVEST SHOPPING LIST

Milk UHT full fat
Fruit Juice UHT 1 litre
Tinned Meat
Dried Pasta (500g)
Dried Rice (500g)
Sponge Pudding
Tinned Tuna
Tinned Fruit
Jam
Tinned Veg
Tinned pasta e.g. Ravioli
Pasta Sauce
Tinned Custard
Tinned Rice Pudding
Baked Beans
Cereals (300 to 500g)
Instant Mash (single packets)

North Lakes Foodbank, Lorton Street Methodist Church, Lorton Street, Cockermouth CA13 9RH.

For more information contact Stuart Christian

email: stuart@thefoodbank.org.uk Tel: 07733338352

Charity Number: 1067541

Need help with food? Go to www.thefoodbank.org.uk/get-help

 **Trussell**
Ending hunger together