



This week's Appeal

1ltr UHT Fruit Juice
Rice 500g
Milk (semi-skim or whole)
cartons
Tinned Meat
Tinned Fish

Many Thanks

Food Donation Points currently operational

Workington: Tesco, Morrisons, Asda, Iceland, Foodbank Centre at the Bridge Centre, Lloyds TSB, Library.

Aspatia: Library

Seaton: One Stop, Library.

Whitehaven: Morrisons, Tesco, Foodbank Centre at New Life Church.

Cockermouth: Sainsburys, Cockermouth Foodbank Centre at Lorton Street Methodist Church, NISA

Wigton: Co-op, Wigton Foodbank Centre, Library.

Maryport: Maryport Foodbank Centre, Spar (Curzon St), Lidl, Library

Cleator Moor: Co-op

Silloth: Co-op, Library

Egremont: Co-op, Egremont Foodbank Centre

Keswick: Booths Supermarket, both Spar Garages, Library

Braithwaite: Village Shop

To see when the Foodbank Centres are open, go to our website

www.thefoodbank.org.uk