



Safeguarding

**The Safeguarding Officer for the
North Lakes Foodbank is Richard Simpson**



**If you have concerns about a child or a vulnerable adult
please contact in the first instance
Adrian Cozens, Project Manager on 07502311452
Or via e-mail at info@thefoodbank.org.uk**



Support and advice is also available from:

- **Cumbria County Council Children's Services - 0333 2401727;**
 - **Health & Care Services - 01900 706301; &**
- **Thirtyone:eight (Safeguarding Helpdesk) - 0303 003 1111**